RULES AND REGULATIONS

2nd ANNUAL HONESTLY TEXAS RICE COMPETITION

CULINARY INSTITUTE LENOTRE, August 27th, 2025

By entering the competition, I understand that:

**PRIZES**

1st Place $750  
2nd Place $500  
3rd Place $250

*Each prize will come in the form of a scholarship towards tuition for all CIL student contestants. Prizes will be by check for CIL Alumni.*   
All participants with a valid application will receive $25 budget to buy ingredients for their recipes.

**TIMELINE**

* **June 26th :** Opening registration
* **July 14th:** Deadline to register and pick up the rice.
* **July 21st:** Students last chance tosubmit: Your recipe including a picture, equipment needed, ***detailed purchase order,*** short bio and updated personal photo
* **July 24th:** 7 finalist announced to participate in the LIVE competition. One alternate will also be announced to be available if needed.
* **August 1st:** Field trip for finalists and alternate to Honestly Texas Rice Farm
* **August 19th:** Meeting with Finalists (Mandatory meeting)
* **August 27th: Live Competition with judges from Honestly Texas Rice and professional partners with Culinary Institute Lenotre from 1 pm-5 pm**
  + **1:00 pm – 3:00 pm** Dish preparation in CIL kitchens
  + **3:00 pm – 4:10 pm**  Presentation & judging (one finalist presents every 10 minutes)
  + **4:10 pm – 4:40 pm** Scores tallied and judge deliberation
  + **4:40 pm - 5:00 pm** Winner announced

**Certificates and prices given/pictures taken**

**GENERAL RULES & REGULATIONS  
THEME FOR THE COMPETITION THIS YEAR:**

* The competition is open to all CIL Culinary Active Students Level 3/4/5 and CIL Alumni
* You must use Honestly Texas Rice as the basis of your recipe:
  + Long Grain White Rice
  + Texas Grown Jasmine Rice
  + Long Grain Brown Rice
* **Very Important: Your recipe should be something that can be easily reproduced in a home kitchen but has the presentation of a dish in a fine restaurant.**
* Each participant needs to submit 1 rice recipe with all the components (no restriction on the number of components. **Needs to be your own recipe and not one provided by CIL.**
* Only 7 finalists will be selected to participate in the LIVE Final Competition. One alternate will be selected as a back up.
* The Final Competition will be start in the CIL cuisine labs and presented in the Culinary Institute Lenotre Crump Amphitheater, North Building on Wednesday, August27th from 1 pm to 4:20 pm
* Each selected recipe will have to be prepared in 5 identical servings to be presented to the judges during the final event.
* Each participant with a valid application will receive $25 to cover their food cost, in addition to a big of Honestly Texas Rice.
* Each participant needs to bring their own plates.
* To have a valid submission, participants need to provide a full rice dish concept (Dish name, food ingredients list, detailed recipe, high resolution picture, equipment list, and detailed purchase order) and description of the dish. You will also need to submit a current photo and short bio.
* Recipe should be exciting and enjoyable for the average consumer.

REGISTRATION & COMPETITION  
1. To enter the competition, please complete the registration form by July 14th.

2. Pick up your rice from CIL after submitting complete registration.

2. By July 21st, you must submit your entry:

This should include a dish name, brief paragraph describing flavor pairings, texture, and visual appeal of the recipe, a picture of the rice dish, list of ingredients, recipe, and equipment needed, detailed purchase order and what you think consumers will enjoy the most about that specific dish. Include in the submittal a current photo and short bio.

***In keeping true with the spirit of Honestly Texas- From Our Farmers to your Family-***

***Please prepare a dish that you would serve to your family!***

3. You will have to make a minimum of 5 plates of your recipe the day of the competition.

4. Judging - The following guidelines will be used:

* Creative Use of Ingredients
* Taste
* Balance
* Ease of Preparation
* Visual Appeal
* Sanitation Practices

Important: Once submitted, you agree that rights and ownership of the recipe are given to HONESTLY TEXAS RICE and CULINARY INSTITUTE LENOTRE. You also agree to allow pictures submitted and taken the day of the competition to be used in social media and other marketing campaigns.

Sign up: <https://forms.gle/CRvM6hpraEK3MxwW9>

Questions E-mail Charelle Grant : cgrant@ciaml.com