



Happy students. Healthy living.

February 2023

DID YOU KNOW ?

Your school offers WellConnect – a free, confidential student well-being program available to you and your household members.

WELLCONNECTSM
POWERED BY NEW DIRECTIONS



With WellConnect you have access to:

- 24-hour telephonic support from licensed mental health professionals
- Short-term counseling
- Professional help to address emotional stressors, test anxiety, relationship issues and more
- Legal and financial consultations
- Referrals for things like housing, utilities, childcare and other local resources
- Health and wellness consultations
- A website featuring articles, assessments, webinars, financial calculators, skill builders and other self-help tools



For additional tips and resources,
connect WellConnect today.

866-640-4777 | wellconnectforyou.com

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